



MANDELA DAY 2022

with *Knysna Sedgefield*
HOSPICE

Do what you can, with what you have, wherever you are.

Want to make a difference this Mandela Day? We invite you to **join hands** with us at Knysna Sedgefield Hospice to **pack Dignity Packs for our most vulnerable patients.**

We supply essential toiletries to our patients and their families that are in dire need. These Dignity Packs include sanitary items, deodorant, and other vital items that are difficult to afford when a family is facing a terminal illness. We do this because palliative care is not just about pain and symptom management, but **about dignity and quality of life.**

Help us gather and pack these Dignity Packs! **Drop the items off at our offices** throughout the month of July or bring them on the 18th of July and join us for a Packing Day. Alternatively, you can pack Dignity Packs together with your staff, students or community group and drop them off with us pre-packed. (All donations are tax deductible and eligible for BEE Points)

Dignity Packs

- Toothbrush
- Toothpaste
- Body Lotion
- Comb/Hair Brush
- Adult Diapers
- Disposable razors
- Body Soap
- Spray Deodorant
- Mouth Wash
- Roll On Deodorant
- Sanitary Pads
- Hair Products
- Toilet Paper
- Household Cleaners
- Washing Powder
- Face Cloths
- Hand Towels
- Tissues

Donate R670 to sponsor 2 Dignity Packs

Packing Day



Monday 18 July



12 - 2pm



[Our offices](#)

Mandela Day is a wonderful moment in the year to commemorate and celebrate the life and legacy of the great Nelson Mandela. It's a time for us to stand alongside one another and "take action against poverty." We hope you'll get involved!

For details and to RSVP, call 044 384 0593 or email hospice@hospiceknysna.org.za

Bank Details: Nedbank, Branch Code: 198 765, Acc No: 1089003145, Ref: MD+name